



An Eye On The Goal

Our vision is one of the senses that truly makes life extraordinary. Watching a breath-taking sunrise or seeing the smiling face of a loved one when we wake up makes every moment sweeter.

Dr. Angela Harris, owner of Lake Norman Eye Center, truly enjoys the role she plays in keeping vision healthy and making a difference in the lives of her patients.

Angela grew up in China Grove and attended North Carolina State University. She became interested in eye care because her mother worked as an optician for Dr. David King. After high school and during college breaks, Angela enjoyed watching her mother fit and dispense glasses. Dr. King would also let her follow him during patient exams, solidifying her interest in

the field. She went on to attend Southern College of Optometry in Memphis, Tennessee, graduating in 1995. Angela began her career in Greensboro before moving back to the area in 1999. After working as an associate for ten years in multi-doctor practices, she decided it was time to start her own practice in 2005.

Angela originally purchased the practice from the widow of Dr. John Wagoner, who passed away from ocular melanoma. "Dr. Wagoner actually diagnosed the cancer in his eye himself after purchasing a digital retinal imaging system," she explains. "He was training staff members to use it when he found the melanoma after scanning his own eye. What I learned as a professional was strengthened by that family's tragic experience and I truly believe in the power

of technology in our ocular health. We still use the retinal imaging system today and encourage all our patients to have one done. The photos are important as a baseline and in diagnosing complications from systemic diseases, such as diabetes or hypertension."

Angela spends much of her professional time furthering her education and knowledge to benefit her patients. "I like having the latest tools available in diagnostic equipment as well as eyewear and contacts. That's what keeps things exciting. The staff and I always try new products before recommending them to patients. It is my mission to turn the mundane task of a yearly eye exam into an informative and personalized experience," she notes. "I am currently wearing a new high definition contact lens that is truly amazing!"



Here is a guide to help you select your next frames.

If you have a:

- Round Face -

If you have a round face, then choose angular or rectangular frames. You want frames that will make your face look longer and thinner.

- Oval Face -

You can rock any type of frames. Rectangular, square, print, color, hearts, etc. Choose any frame that your eyes desire.

- Heart Face -

Opt for the square or rimless frames. Choosing these type of frames will dramatically soften the face.

- Square Face -

You can choose from cat-eyed, round or oval styles. It will define your face and make a fashion statement!

- Oblong Face -

Select round or square frames. These styles will help shorten the length of your face. It will not overwhelm your face.

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Angela takes a lot of joy from her patients and owning her own business. "You really get to know your patients after caring for them and their families. I love to hear someone say 'I can finally see' or seeing the smile on a teenager's face trying contacts for the first time. Although baby boomers wearing their first bifocal contact lenses get pretty excited too!"

When Angela is not busy running her business she spends time with her husband, Danny, owner of Harris Building Innovations and Harris Security, and their two-year-old son. They enjoy traveling, scuba diving, and just spending time on the lake or grilling out together as a family. In addition, she also donates her time to the Iredell County Free Clinic. "Without my husband and family's support there is no way that I could effectively run my business," Angela reflects. "I truly appreciate them and realize how rich they make my life. My personal goals are to balance my career and family life, grow my business, and provide the best, personalized care for my patients." 🐾